

Special Olympics Athletes Train for Beaver Stadium Run

<https://www.youtube.com/watch?v=y3ZsS--1n5Q>

[Greg Focht]: I wanted to do it in 40 minutes, and I beat it: 38.18. I help Matt out and this is Matt's first time. This is my second time.

[Matt Prosek]: I've been tread milling for two hours a day and plus twice a week, running and walking with my partner.